

# April 2026



## Dining Room Menu

		1 Meatloaf w/ Ketchup Mashed Potatoes Mixed Vegetables Fruit Dinner Roll	2 Bean & Cheese Burrito Jojos Corn Pea & Cheese Salad Naan Bread	3 Herb Garlic Chicken Rosemary Potatoes Carrots Pears Focaccia Bread
6 Fajita Chicken Spanish Rice Southwest Corn Mexi Slaw Corn Tortilla	7 Chicken Tenders Jojos Peas Applesauce Biscuit	8 Frittata w/ Broccoli & Cheese Potatoes Peas Tropical Fruit Biscuit	9 Korean Meatballs White Rice Peas & Carrots Asian Slaw Dinner Roll	10 Salisbury Steak Red Potatoes Corn Fruit Sourdough Bread
13 Swedish Meatballs Pasta Green Beans Pears Garlic Toast	14 Bourbon Chicken Jojos Peas Peaches Biscuit	15 Whitefish Couscous Green Beans Pickled Beets Naan Bread	16 Chicken Parmesan Pasta Broccoli Tropical Fruit Garlic Toast	17 Chili Con Carne Rice Mixed Vegetables Three Bean Salad Corn Bread
20 <b>Closed</b> <b>No Lunch Today</b>	21 BBQ Chicken Roasted Potatoes Mixed Vegetables Fruit Cornbread	22 Cheese Ravioli Marinara Sauce Green Beans Pears Sourdough Bread	23 Orange Chicken White Rice Peas & Carrots Asian Slaw Fortune Cookie Naan Bread	24 Spaghetti w/ Meat Sauce Carrots Peaches Garlic Toast
27 Honey Mustard Chicken Rosemary Potatoes Cole Slaw Potato Chips	28 Salmon White Rice Peas & Carrots Dinner Roll Pears	29 Teriyaki Chicken White Rice Carrots Orange Wedges Fortune Cookie Naan Bread	30 Veggie Lasagna Brussels Sprouts Fruit Focaccia Bread	

**Would you like to better manage your chronic condition?**

Eat better, feel better! Learn about SNAP, a free program that allows you to purchase food so you can eat more nutritious meals! The average benefit for an older adult household in Oregon is about \$90 per month towards food purchases. Persons 60 years or older and disabled members can benefit from deductions by allowable costs such as: doctor bills, prescription drugs, over-the-counter medication, and dentures.



**Call 2-1-1 or North West Senior & Disability Services at:  
(503) 304-3420**