

FEBRUARY 2026

DINING ROOM MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Bean & Cheese Burrito Jojos Corn Pea & Cheese Salad Naan Bread	3 Korean Meatballs White Rice Peas & Carrots Asian Slaw Dinner Roll	4 BBQ Chicken Roasted Potatoes Mixed Vegetables Fruit Cornbread	5 Cheese Ravioli Marinara Sauce Green Beans Pears Sourdough Bread	6 Herb Garlic Chicken Rosemary Potatoes Carrots Fruit Focaccia Bread
9 Swedish Meatballs Pasta Green Beans Pears Garlic Toast	10 Bourbon Chicken White Rice Corn Applesauce Dinner Roll	11 Spaghetti w/ Meat Sauce Carrots Peaches Garlic Toast	12 Orange Chicken White Rice Peas & Carrots Asian Slaw Fortune Cookie	13 Veggie Lasagna Brussels Sprouts Fruit Focaccia Bread
16 Closed For Holiday	17 Chicken Parmesan Pasta Broccoli Tropical Fruit Garlic Toast	18 Salisbury Steak Red Potatoes Corn Fruit Sourdough Bread	19 Chicken Tenders Jojos Peas Cole Slaw Biscuit	20 Chili Con Carne White Rice Mixed Vegetables Three Bean Salad Cornbread
23 Pizza w/ Turkey Sausage Green Beans Fruit Cocktail Biscuit	24 Teriyaki Chicken White Rice Carrots Orange Wedges Fortune Cookie	25 Closed For Food Share All-Staff Meeting	26 Whitefish Couscous Green Beans Pickled Beets Naan Bread	27 Meatloaf w/ Ketchup Mashed Potatoes Mixed Vegetables Peaches Dinner Roll



Would you like to better manage your chronic condition?

Eat better, feel better! Learn about SNAP, a free program that allows you to purchase food so you can eat more nutritious meals! The average benefit for an older adult household in Oregon is about \$90 per month towards food purchases. Persons 60 years or older and disabled members can benefit from deductions by allowable costs such as: doctor bills, prescription drugs, over-the-counter medication, and dentures.



**Call 2-1-1 or North West Senior & Disability Services at:
(503) 304-3420**