

# MAY 2025



# DINING ROOM MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>Chicken Tenders</b> <b>Jojos</b> <b>Peas</b> <b>Fruit</b> <b>Biscuit</b>	<b>Spaghetti with Meat Sauce</b> <b>Italian Vegetables</b> <b>Fruit</b> <b>Garlic Toast</b>
			<b>Orange Chicken</b> <b>Rice</b> <b>Snap Peas</b> <b>Pineapple Rings</b> <b>Fortune Cookie</b>	<b>Korean Meatballs</b> <b>White Rice</b> <b>Peas &amp; Carrots</b> <b>Tropical Fruit</b> <b>Naan Bread</b>
<b>BBQ Chicken</b> <b>Roasted Potatoes</b> <b>Mixed Vegetables</b> <b>Fruit</b> <b>Biscuit</b>	<b>Pizza w/ Turkey Sausage</b> <b>Green Beans</b> <b>Side Salad</b> <b>Focaccia Bread</b>	<b>Teriyaki Chicken</b> <b>Rice</b> <b>Carrots</b> <b>Naan Bread</b> <b>Fruit Cocktail</b>	<b>Chicken Parmesan</b> <b>Pasta</b> <b>Broccoli</b> <b>Tropical Fruit</b> <b>Sourdough Bread</b>	<b>Chili Con Carne</b> <b>Rice</b> <b>Corn</b> <b>Three Bean Salad</b> <b>Corn Bread</b>
<b>Cheese Ravioli</b> <b>Marinara Sauce</b> <b>Green Beans</b> <b>Pears</b> <b>Garlic Toast</b>	<b>Honey Mustard Chicken</b> <b>Rosemary Potatoes</b> <b>Carrots</b> <b>Cole Slaw</b> <b>Dinner Roll</b>	<b>Breakfast Bowl w/ Eggs-</b> <b>Pork Sausage-Potatoes</b> <b>Mixed Veggies</b> <b>Orange Wedges</b> <b>English Muffin</b>	<b>Meatball Marinara</b> <b>Pasta</b> <b>Peas &amp; Carrots</b> <b>Pears</b> <b>Garlic Bread</b>	<b>Fajita Chicken</b> <b>Spanish Rice</b> <b>Southwest Corn</b> <b>Fruit</b> <b>Flour Tortilla</b>
 <b>Closed for</b> <b>Memorial Day</b>	<b>Herb Garlic Chicken</b> <b>Red Potatoes</b> <b>Italian Vegetables</b> <b>Peaches</b> <b>Sourdough Bread</b>	<b>White Fish</b> <b>Rice</b> <b>Green Beans</b> <b>Pickled Beets</b> <b>Focaccia Bread</b>	<b>Chicken Salad</b> <b>Cherry Tomatoes</b> <b>Mixed Greens</b> <b>Fruit</b> <b>Dinner Roll</b>	<b>Swedish Meatballs</b> <b>Pasta</b> <b>Green Beans</b> <b>Applesauce</b> <b>Focaccia Bread</b>

**Would you like to better manage your chronic condition?**

Eat better, feel better! Learn about SNAP, a free program that allows you to purchase food so you can eat more nutritious meals! The average benefit for an older adult household in Oregon is about \$90 per month towards food purchases. Persons 60 years or older and disabled members can benefit from deductions by allowable costs such as: doctor bills, prescription drugs, over-the-counter medication, and dentures.



Call 2-1-1 or North West Senior & Disability Services at:  
**(503) 304-3420**